

## Cardiac Catheterisation including Ablations

### Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you can support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

### Guidance for Patients

Whilst you are waiting for your child procedure date we continue to plan for your child's care behind the scenes. Once our patients are listed for a Cardiac Catheter or an Electro-Physiology procedure at our Multi-Disciplinary Team (MDT) meeting we prioritise our patients in order of urgency. We will then invite you to a pre-admission clinic appointment (face to face) with the Cardiac Nurse Specialists to discuss all aspects of the planned procedure. For those patients having a Cardiac Catheter procedure you will also be invited to attend the dental department for a consultation prior to the procedure to make sure there are no dental concerns. If any treatment is required, this would be completed before a procedure date is given.

Each week we have a planning meeting to discuss the following weeks cases and prioritise any inpatients requiring urgent procedures.

#### **You can help us to look after your child by continuing to do the following:**

- Keep attending your child's follow up appointments with your cardiologist at Alder Hey or your local hospital
- Visit your dentist to check they don't require any treatment
- Your child should carry on taking their medication as prescribed until directed otherwise
- If you are concerned about your child or their symptoms worsen, please call the Cardiac Nurse Specialist helpline at Alder Hey on 0151 252 5291 Monday – Friday, 08.30 – 16:30 or attend A&E out of these hours
- You can also seek advice and guidance on the new Alder Hey Symptom checker app via the website

#### **What should I do if my health is deteriorating?**

- You can contact the Cardiac Nurse Specialist for advice at Alder Hey on 0151 252 5291, Monday – Friday, 08:30 – 16:30 or the Cardiac Nurse Specialists at Royal Manchester Children's on 0161 701 0664, Monday – Friday, 08:30 – 16:30
- In an emergency or if symptoms worsen you can attend your local A&E
- You can also seek advice and guidance on the new Alder Hey Symptom checker app via the website

### Contact Us

#### **Cardiac Nurse Specialists**

Phone line opening hours: Monday – Friday, 08:30 – 16:30

Alder Hey: 0151 252 5291

Royal Manchester Children's: 0161 701 0664

# My Planned Care Patient Information Platform

## **Paediatric Cardiac Surgical Secretaries**

Phone line opening hours: Monday – Friday, 09:00 – 17:00

Alder Hey: 0151 252 4515

## **Paediatric Cardiology Secretaries**

Phone line opening hours: Monday – Friday, 09:00 – 17:00

Alder Hey: 0151 252 5715 or 0151 252 5633

Royal Manchester Children's: 0161 701 0665