

Cardioversion

Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

What is a Cardioversion?

Cardioversion is a procedure used to return an abnormal heartbeat to a normal rhythm. This procedure is used when the heart is beating very fast or irregular. This is called an arrhythmia.

Please read the following information in conjunction with the staying healthy guidance appropriate for your condition.

Guidance for Patients

It is important that you arrange for a family member or friend to drive you home.

You will need someone with you for the first 24 hours after discharge.

You must not drive or operate machinery for 24 hours.

An Outpatients appointment will be arranged and sent to you.

Please apply "E45 cream" to the chest to help reduce redness. Discard the cream seven days after opening.

After cardioversion, anticoagulation (Warfarin, Dabigatran, Riveroxaban or Apixaban) must be continued until your doctor is convinced that your heart rhythm has remained normal.

How the test is performed

Contact Us

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