

### Colorectal

#### Introduction

The Covid pandemic has had a significant impact on the NHS and its ability to provide routine elective services. Like all hospitals we are working hard to ensure that our patients get the treatment they need as quickly as possible. As a result of the pandemic we also recognise that some patients are waiting longer for routine operations and procedures than we would like. Bradford Teaching Hospitals is here for you and we are doing our best to get you the care you need as soon as possible.

If you are on a waiting list for treatment our team will be in touch with you about when your procedure or operation will take place. If you have a question about your procedure or operation you are scheduled to undergo then please contact the hospital directly.

#### Guidance for Patients

For further advice and guidance, please visit:

[Gastroenterology – Bradford Teaching Hospitals NHS Foundation Trust \(bradfordhospitals.nhs.uk\)](https://bradfordhospitals.nhs.uk)

#### What should I do if my health is deteriorating?

Whilst you are waiting for your appointment or surgery it is important that you maintain a healthy lifestyle. Consider what you can do to improve your health before coming to hospital for your appointment or surgery. Stopping smoking, reducing alcohol consumption, eating a healthy diet and exercising have all been shown to help patients recover more quickly after surgery. Ask your GP practice for further advice about lifestyle support.

If you have any longstanding conditions, such as blood pressure, you should get this reviewed at your GP practice to make sure it remains well controlled. This will help prevent any unnecessary delays should you require further treatment or surgery.

#### Contact Us

If you have any questions about your hospital treatment, please get in touch.

To speak with a Medical Secretary please call Bradford Teaching Hospitals Foundation Trust switchboard on 01274 542 200 and ask to be put through to your named consultants secretary.

To contact the Patient Experience team: [patient.experience@bthft.nhs.uk](mailto:patient.experience@bthft.nhs.uk) or call: 01274 364810, Monday to Friday from 9.00am to 4.00pm

The Trust's website can be accessed via: <https://www.bradfordhospitals.nhs.uk/>