

Surgical Division - Urology

Rigid Cystoscopy +/- Urethral Dilatation

Introduction

Your Urologist has recommended cystoscopy; a procedure to pass a telescopic camera through the water pipe (urethra) into the bladder for inspection under general/regional anaesthetic. Occasionally, there may be a need to stretch and dilate your urethra if this is tight. If necessary, we may also take biopsy of abnormal area and cauterise it. You will be provided with a written information leaflet that provide details about the surgery and alternative options when you attend Outpatient Urology appointment. **If you do not receive written information, an online version is available on**

<https://www.baus.org.uk/userfiles/pages/files/Patients/Leaflets/Rigid%20cystoscopy.pdf>

<https://www.baus.org.uk/userfiles/pages/files/Patients/Leaflets/Endoscopic%20stricture%20treatment.pdf>

Guidance for Patients

Common reasons for having a cystoscopy:

- To inspect water pipe and bladder in patients who have blood in urine or waterwork symptoms including recurrent infection
- If you are on bladder surveillance with history of superficial bladder cancer

While you are waiting for your procedure your Urologist may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

This may include:

- **Lifestyle changes – including weight loss, fluid management, bladder drill and pelvic floor exercise if appropriate depending on symptoms**
- **Medication/prophylaxis antibiotic if appropriate**

What should I do if my health is deteriorating?

If you feel you are becoming more unwell, **please contact your GP or NHS 111 for medical review in the first instance**. They will be able to advise if this is something they can support you with during your wait, or they will be able to direct you to the appropriate service to determine a management plan.

Contact Us

Admission Date: Please contact The Urology Admissions Team on 01514827766.

Emergency Advice: Please contact NHS 111