

My Planned Care Patient Information Platform



Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine outpatient services. We recognise that children and young adults are waiting longer than we would all like and it is not always possible to bring this forward. We are working hard to reduce waiting times. This document provides you with information to keep children healthy while waiting to attend hospital.

Taking Prescribed Medication

It is important to continue to take prescribed medications as per the instructions given to you by your GP. This may be an inhaler or medications for constipation. While these medications may need to be reviewed by the paediatrician when we see you, it is important to keep your child on the medication so that we have given a chance for the medication to work.

Improve Your Health

While you are waiting for an appointment with us, there are several things you can do to improve your child's overall health. These include good diet, immunisation and vitamin supplementation in 6 months to 5 years. For help and advice, please contact your GP or visit www.nhs.uk for more information and signposting.