

First Outpatient Appointment – Plastic Surgery

Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

As a plastic surgery team, we see patients from a wide area across Warwickshire, the West Midlands and Leicestershire. We have out-patient clinics at University Hospital of Coventry and Warwickshire, Hospital of St Cross in Rugby, George Eliot Hospital in Nuneaton, Warwick Hospital and Stratford-upon-Avon Hospitals.

You can be referred to UHCW plastics department via your GP or through another hospital team. Our elective services include the following:

- Skin cancer excision, including sentinel lymph node biopsy
- Reconstruction for patients having treatment for breast cancer
- Hand elective and trauma service including management of upper limb spasticity
- Reconstruction for patients with hypospadias
- Post-massive weight loss reconstruction service
- General plastic surgery problems

Please read the following information in conjunction with the staying healthy guidance and also the clinical guidelines for your specific procedure/condition.

Surgical treatments

Surgery is only suitable when the potential benefits of surgery are greater than the potential risks. For this reason, surgery may not be the best option for patients with lots of other health problems. Where possible, patients should try to improve their health before surgery. Stopping smoking is a priority, and losing weight is extremely important for patients who are significantly overweight.

Whilst waiting for treatment, there are a number of online resources that provide helpful information for many plastic surgery interventions:

<https://www.nhs.uk/conditions/>

<https://www.nutrition.org.uk/health-conditions/>

<https://www.nhs.uk/conditions/plastic-surgery>

What should I do if my health is deteriorating?

If your health is deteriorating, you need to be seen by your GP for review and further assessment and management.

My Planned Care Patient Information Platform

Contact Us

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Jackie Conboy: 02476 965223

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For Mr Park or Mr Venus enquiries – please contact any of the above numbers.

UHCW

Plastic Surgery Department

3rd Floor Offices