

### Surgical Division- Trauma and Orthopaedic Department

#### Knee Arthroplasty

##### Introduction

Your consultant has added you to the waiting list for a Knee Arthroplasty which is a procedure to replace your knee joint with an artificial one. When you attended the out-patient clinic you will have been provided with written information about this procedure, including pre-operative and post operative information and guidance. [If you did not receive the written information please contact the Orthopaedic Department, on 0151 604 7712.](#)

##### Guidance for Patients

Common reasons for having a Knee Arthroplasty:

- Osteo-arthritis
- Inflammatory arthritis

While you are waiting for your procedure your consultant may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your well-being.

##### This may include

- Lifestyle changes
- Medication
- Remaining mobile

##### What should I do if my health is deteriorating?

If you feel you are becoming more unwell, please contact the Pre-operative Team on 0151 604 7104 in the first instance or the Consultants Secretary.

##### Contact Us

To enquire about your admission date or to re-arrange your admission date please contact: The Orthopaedic Admissions Office on 0151 482 7665.