

## Gynaecology Service – Laparoscopy (Diagnostic)

### Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

Please read the following information in conjunction with the staying healthy guidance appropriate for your condition

### Guidance for Patients

#### The Procedure

A small incision (cut) is made just below the navel and a laparoscope (fine telescope) is passed into the abdominal cavity. The abdomen is then inflated to separate the organs and make them visible. Another small incision is made lower down the abdomen in order to enable the surgeon to operate. At the end of the operation, the abdomen is deflated.

A stitch may be placed in the small wounds.

#### Why do I need a Laparoscopy?

A laparoscopy may be performed for diagnostic purposes, in order to investigate the cause of recurrent pelvic pain or disorders of menstruation.

#### Laparoscopy and Dye test (Lap & Dye)

A laparoscopy is also used to investigate infertility. A Lap & Dye test involves the injection of dye up through the neck of the womb using a fine tube. Through the laparoscope, it is possible to observe the flow of the dye out of the ends of the Fallopian tubes, if they are clear. These tubes carry the eggs from the ovary to the womb, to be fertilised. If they are blocked, no dye is seen.

If you are having a Lap & Dye test, it is important that you are not menstruating at the time of your operation. If you think your period may be due on the day of surgery, please contact your consultant's secretary to arrange another date.

The leaflet on laparoscopy can be accessed below:

[Laparoscopy \(keyhole surgery\) - NHS \(www.nhs.uk\)](https://www.nhs.uk)

### What should I do if my health is deteriorating?

If your health is deteriorating, you may need to be seen by your Consultant for review and further assessment and management. The secretarial numbers of the Gynaecological Consultants are shown below

## My Planned Care Patient Information Platform

In an emergency situation we would suggest you attend the Emergency Gynaecology unit for assessment.

### Contact Us

Ward 23 emergency Gynae (Gynae A&E) – 02476 962000  
Booking Centre – 0800 252060

For more specific enquiries a number will be included within your clinic appointment letter as appropriate.

Secretary to Mr Izzat – 02476 967372  
Secretary to Mrs Bulchandani – 02476 967024  
Secretary to Mr Dunderdale – 02476 967383  
Secretary to Ms Shanbhag – 02476 967410  
Secretary to Mr Twigg - 02476 967372  
Secretary to Mr Kumar – 02476 967410  
Secretary to Mr Keay – 02476 967409  
Secretary to Dr Agrawal – 02476 967409  
Secretary to Mr Ghobara – 02476 967409  
Secretary to Dr Maitra – 02476 966990  
Secretary to Ms Jones – 02476 966990  
Secretary to Dr Woodman – 02476 967383  
Secretary to Dr Sabri – 02476 967406  
Secretary to Ms Kandavel - 02476 969397