

## TRAUMA & ORTHOPAEDICS – Rotator Cuff Repair

### Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine elective services. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when treatment will take place. This document provides you with information on how you are able to support yourself while waiting to attend the hospital. The guidance has been written by clinicians who are responsible for your care.

Please read the following information in conjunction with the staying healthy guidance appropriate for your condition.

### Guidance for Patients

If the symptoms related to your shoulder are worsening – please see below for details of what to do.

Some people change their mind about having surgery. If you are not sure whether you still want or need to have it done, please contact the secretary of your named consultant to discuss this.

### What should I do if my health is deteriorating?

If your shoulder pain or movement has suddenly and dramatically deteriorated, please contact the secretary of your named consultant to inform them of the situation, and they will bring this to their attention as necessary. If you cannot find the name of your consultant please contact any of the Secretaries as they will be able to direct your query in the most appropriate way.

### Contact Us

Secretary to Mr Drew: 02476 965903

Secretary to Mr Lawrence, Mr Modi and Mr Bhabra: 02476 965094