

## Urology – Transurethral resection of the prostate (TURP)

- other surgical treatment options for difficulty passing urine.

### Introduction

The Covid pandemic has had a significant impact on the NHS ability to provide routine operations. We recognise that patients are waiting longer than we would all like and it is not always possible to identify when your treatment will take place. This document provides you with information on how you can support yourself while waiting to attend the hospital for your operation. The guidance has been written by clinicians who are responsible for your care.

### Guidance for Patients

Whilst you are waiting for your procedure, please be aware of the following possible symptoms and what you should do to if they occur:

**If you don't currently have a catheter:**

- **Cloudy and /or foul smelling urine and / or pain on passing urine**  
This might indicate that you have a urinary infection. If this occurs, please contact your GP for treatment as your procedure is unlikely to go ahead if you have a urine infection. Please also alert the hospital team on the number below as they may need bring your appointment forwards.
- **Blood in your urine**  
If this is light, please call the hospital team on the number below as they may need to bring your appointment forwards  
If this is heavy or you have clots of blood, please call 111 or speak to your GP  
**NB:** the best way to test this is to pass urine into a clear bottle. If you can see through the liquid, then the bleeding is light. If you are unable to see through the liquid, the bleeding is heavy.
- **Increased difficulty in passing urine**  
If this occurs, please contact the hospital team on the number below.

**If you currently have a catheter** and suffer from pain, bleeding, cloudy or foul smelling urine, please let your hospital team know on the number below.

***If you are unable to pass urine at all, please attend your nearest Accident and Emergency department***

## My Planned Care Patient Information Platform

Please also refer to the appropriate leaflet about TURP or other related procedures (greenlight, HoLEP, Rezum and Urolift) via the links below for further information from The British Association of Urological Surgeons (BAUS):

[TURP for benign.pdf \(baus.org.uk\)](#)

[Greenlight.pdf \(baus.org.uk\)](#)

[HoLEP.pdf \(baus.org.uk\)](#)

[Rezum.pdf \(baus.org.uk\)](#)

[Urolift.pdf \(baus.org.uk\)](#)

If you have already attended for your pre-operative assessment, please ensure you understand the following requirements:

- you will need to fast prior to the surgery. If you have eaten within 6 hours of your surgery it may not be able to go ahead (Clear fluids only are permitted up to 1 hour before surgery).
- If you are taking blood thinning medication this will need to be stopped prior to surgery. Please check that you understand when you need to stop these.
- If you have Diabetes, this will need to be managed prior to surgery. Please check that you understand the instructions around your diabetic medicines and surgery.

**If you are unsure of what you need to do regarding the above, please contact the hospital team prior to attending for your surgery.**

Please continue to take medications for your enlarged prostate as instructed by your doctor.

If your symptoms are improving or if you would like to discuss your treatment options further for your difficulty passing urine please contact your hospital team on the contact details below.

### What should I do if my health is deteriorating?

If you feel very unwell, please contact your GP surgery or call 111

### Contact Us

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