

## Surgical Division – ENT - Tonsillectomy

### Introduction

Your consultant has recommended a tonsillectomy – a procedure to remove the tonsils from the back of the throat. You would have been provided with a written information leaflet that provides details on the procedure when you were listed for the operation at your clinic appointment.

### Guidance for Patients

Common reasons for a Tonsillectomy include:

- Recurrent episodes of tonsillitis
- Swollen tonsils that make it harder to breath or swallow
- Obstructive sleep apnoea
- Suspicion of tonsil cancer

Whilst you are waiting for your procedure, your consultant may recommend alternative management to support your symptoms. For example, your consultant may recommend antibiotics from your GP if you have further tonsillitis episodes.

### What should I do if my health is deteriorating?

If you feel you are becoming more unwell, please contact your GP or NHS 111 for a medical review in the first instance. They will be able to direct you to the appropriate service to determine your management plan.

### Contact Us

Emergency advice – NHS 111

Admissions office – 0151-607-7350