

My Planned Care Patient Information Platform

Surgery and Cancer Division – Orthopaedics

Total Knee Replacement

Introduction

Your Orthopaedic surgeon has recommended that you undergo a Total Knee Replacement.

Guidance for Patients

Total Knee Replacements are carried out to relieve pain due to osteoarthritis. Your surgeon will decide what specific type of knee replacement is most suitable for you as there are various options.

Knee replacement surgery is a very successful and common procedure; however, it is still a major operation. The risks associated with this type of operation include:

- Blood clots
- Heart Attack
- Stroke
- Infection
- Dislocation
- Leg length inequality
- Nerve damage (drop foot)
- Fracture/early failure
- Ongoing pain

While you are waiting for your procedure your Orthopaedic surgeon may recommend an alternative management or treatment to support your symptoms. It is important that you consider these options too in the short term to support your wellbeing.

This may include:

- . Pain relief medication
- . Lifestyle changes
- . Use of a walking stick or aid

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What should I do if my health is deteriorating?

If you feel that your symptoms are getting worse, please contact your **GP or NHS 111 for medical review in the first instance.**

Your GP will be able to advise if this is something they can support you with during your wait or they will be able to contact the Orthopaedic team to discuss their findings in more detail and determine a management plan.

Contact Us

If you require any help please contact the Orthopaedic Scheduling Team on 01270 612310